

Your Reading Supplement for Work and More



"IT'S NOT HOW MUCH MONEY
WE MAKE THAT ULTIMATELY
MAKES US HAPPY BETWEEN
9 AND 5. IT'S WHETHER OR
NOT OUR WORK FULFILS US."

- MALCOLM GLADWELL

### CURATED READS

### The Engaged Employee

Your work is going to fill a large part of your life. Unfortunately, not all of us feel engaged in our jobs.

In this two-part series on engagement, we'll be exploring what it means to do fulfilling work, and the steps you can take to (re)discover and rekindle the joy in your job. From understanding how motivation works to rethinking the age-old advice of "following your passion", here's a list of resources to get you started in your quest for meaningful work.

## Fulfilling Work by Roman Krznaric

Call no.: 650.14 KRZ -[BIZ]

All rights reserved, London: MacMillan, 2012.

**How to Find** 

Are you feeling trapped or unfulfilled in your current position? Drawing on ideas from psychology, history, sociology and philosophy, this book explores the age-old concept of meaningful work and offers advice on how you can use your passions and talents to create a fulfilling career.

Borrow the book <u>here</u>.

**Drive: The Surprising Truth** 

**About What Motivates Us** 

by Daniel H. Pink Call no.: 153.1534 PIN So Good They Can't Ignore You

by Cal Newport

**How to Find Fulfilling Work** Roman Krznaric

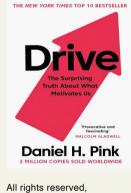
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About Meaningful Work

The 5 Biggest Myths

Article

**Forbes** 

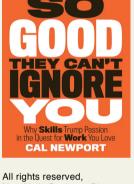


New York, N.Y.: Riverhead Books, 2009.

Contrary to what most

people (and businesses) believe, money is *not* the best way to motivate people. Instead, Pink offers a new way to think of motivation – via autonomy, mastery, and purpose - and offers techniques for putting these into action.

Borrow the book <u>here</u>.



New York: Business Plus, 2012.

passion, but what if this is bad advice? Cal Newport argues that skills matter more when it comes to building a career, and that passion comes *after* you put in the hard work to become excellent at something valuable, not before.

We're often told to follow our

Borrow the e-book <u>here</u>.



What exactly is meaningful work and how do we attain it? This article debunks the five biggest myths about meaningful work and argues that contrary to what we would think, it is actually an achievable goal.

Read more here.

# HOW TO KNOW YOURSELF PROBLEMAN MO WILL WALL YOUR GLORY

**WATCH THIS!** 

THE SUNDAY TIMES BESTSELLER

everything

I The School of Life

**How To Know Yourself** 

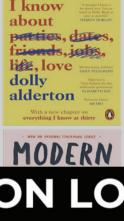
Whether you're looking for a

THE HIT LIST

compendium of real-life love stories (*Modern Love* – based on the immensely popular New York Times column) or a quirky, off-beat collection of short-stories on love (*Someone Who Will Love You In All Your Damaged Glory* – by the creator and executive producer of Bojack Horseman), or a memoir about one's *highly relatable* experiences with bad dates and good friends (*Everything I Know About Love*), there's a book (or two) for you and we hope you'll love these books as much as we do.

Borrow the e-books here.

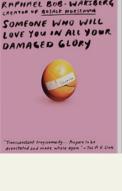


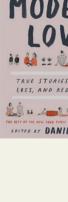




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CAREER &
PERSONAL
DEVELOPMENT



DID YOU KNOW?

